Bannerton/Hidden Hearing Dementia in Ireland

23rd June 2023

BY Opinions

CONTACT

david@opinions.ie



What we did

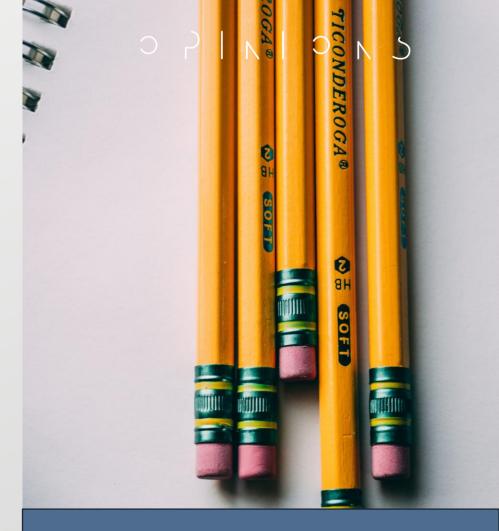
 ✓ Online standalone survey amongst adults aged 40+ in ROI

✓10-minute survey

✓N=500 adults aged 40+

 Minimum quotas were placed on age to ensure we got a spread across age brackets

✓ Fieldwork: 12th-16th 2023



Any publication of results from this report should clearly reference Opinions Market Research as its source and reference n=509 sample of adults aged 40+ in ROI. The error margin for this data is estimated at +/- 4.43%

Who we spoke to

(Base: All adults aged 40+ in ROI; n=509)



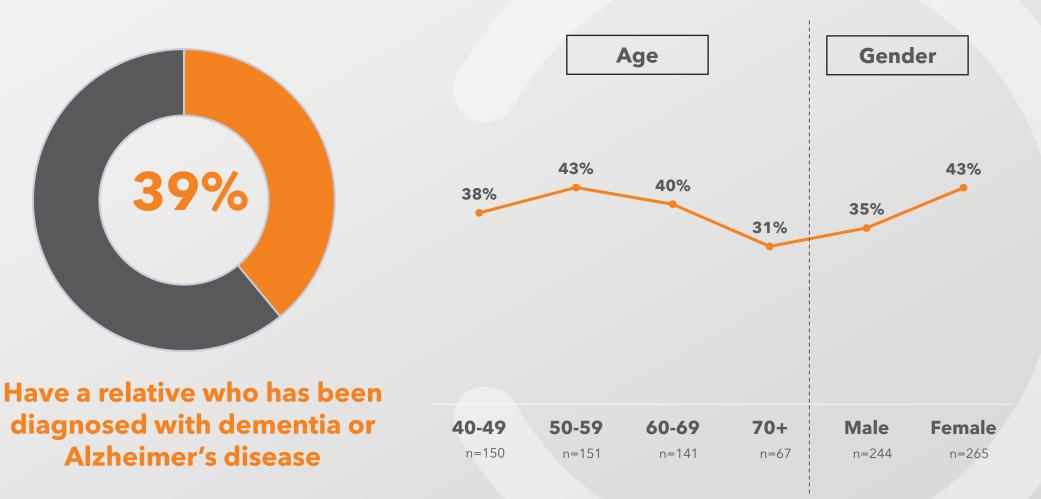
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<u>4 in 10</u> adults aged 40+ have a relative who has been diagnosed with Dementia or Alzheimer's disease With <u>4 in 10 of these adults caring</u> for that relative. (14% total sample)

Photo by Andrea Piacquadio on Pexels

Relative diagnosed with dementia

(Base: All adults aged 40+ in ROI; n=509)

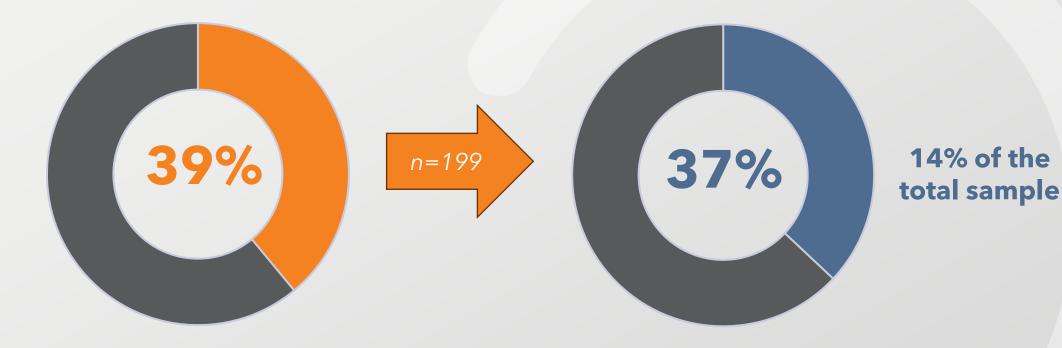


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Q1A - Do you have a relative who has been diagnosed with dementia or Alzheimer's disease?

Caring for a relative with dementia

(Base: All adults aged 40+ in ROI that have a relative with dementia; n=199)



Have a relative who has been diagnosed with dementia or Alzheimer's disease

Have cared/care for this relative who has been diagnosed with dementia

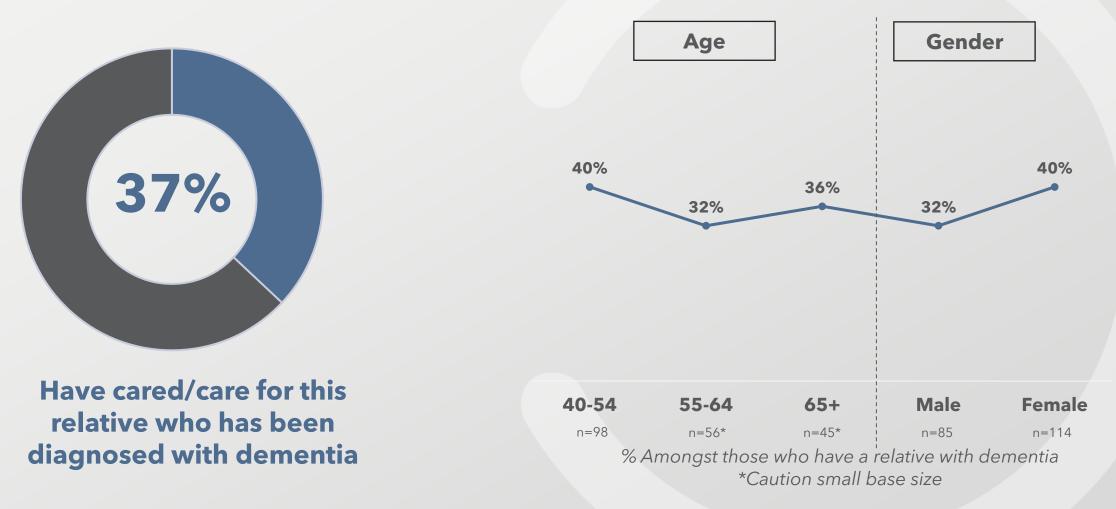
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Over 1 in 10 (14%) of adults aged 40+ have cared or are currently caring for someone with dementia

Q1B - Did/do you care for this relative who has been diagnosed with dementia or Alzheimer's disease?

Caring for a relative with dementia

(Base: All adults aged 40+ in ROI that have a relative with dementia; n=199)



Female are significantly more likely to be caring for a relative with dementia versus males

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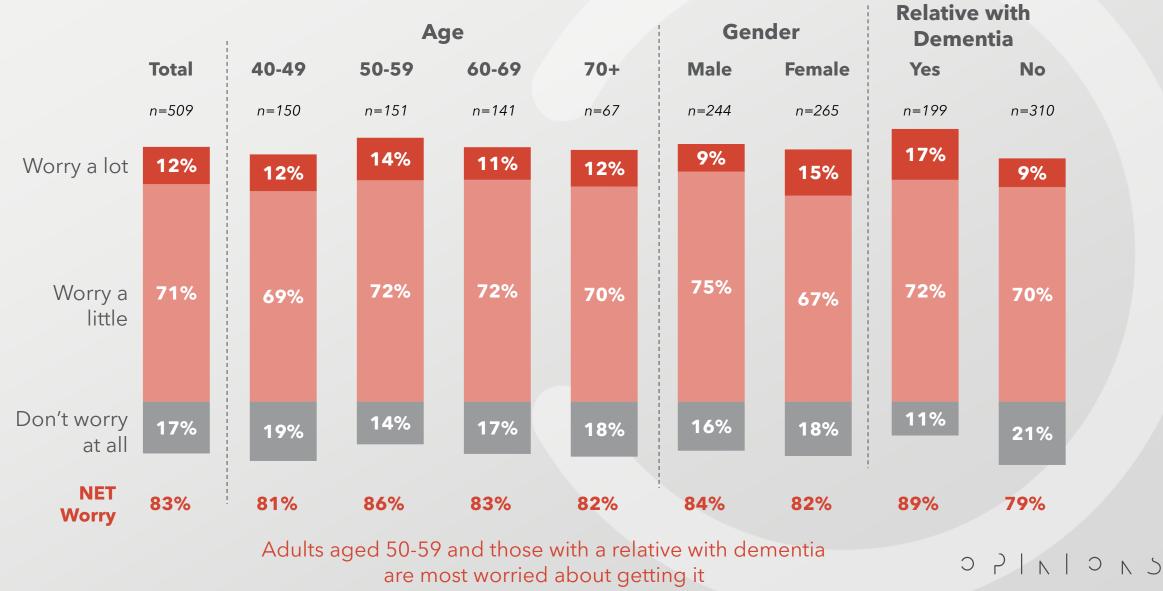
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Q1B - Did/do you care for this relative who has been diagnosed with dementia or Alzheimer's disease?

<u>8 in 10 (83%)</u> adults aged 40+ worry about getting dementia, increasing to 9 in 10 (89%) amongst those that have a relative with the disease.

Concerns about getting dementia

(Base: All adults aged 40+ in ROI; n=509)



Q2 - Do you worry about getting dementia?

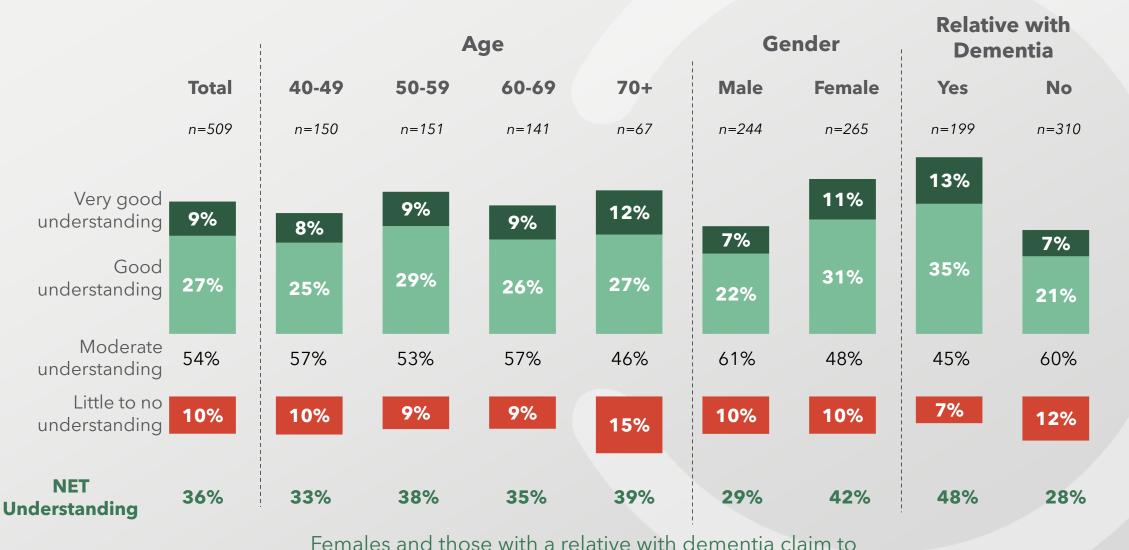
Under 4 in 10 (36%) of those aged 40+ claim to have a good to very good understanding of what Dementia is

<u>While half (48%)</u> of those that have a relative with the disease claim to have a good to very good understanding of what dementia is

Photo by Geralt on Pixabay

Understanding of dementia

(Base: All adults aged 40+ in ROI; n=509)



have a better understanding of dementia than others

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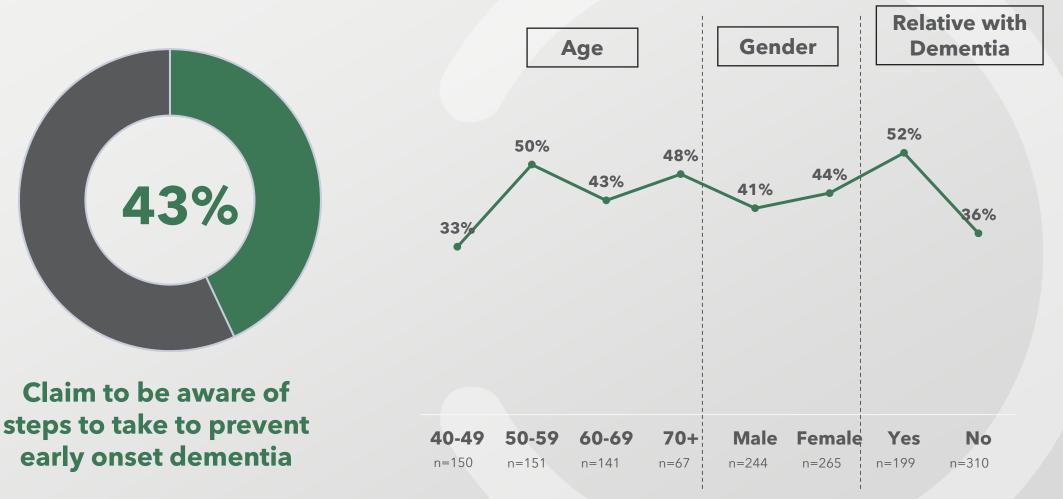
Q3 - To what extent would you say you understand what dementia is?

<u>4 in 10 (42%)</u> females claim to have a good to very good understanding of dementia versus just <u>3 in 10</u> (29%) men



Steps to prevent early onset dementia

(Base: All adults aged 40+ in ROI; n=509)



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Adults aged 50-59 and those with a relative with dementia who are most worried about getting dementia are also the most likely to claim to be aware of steps to prevent it O

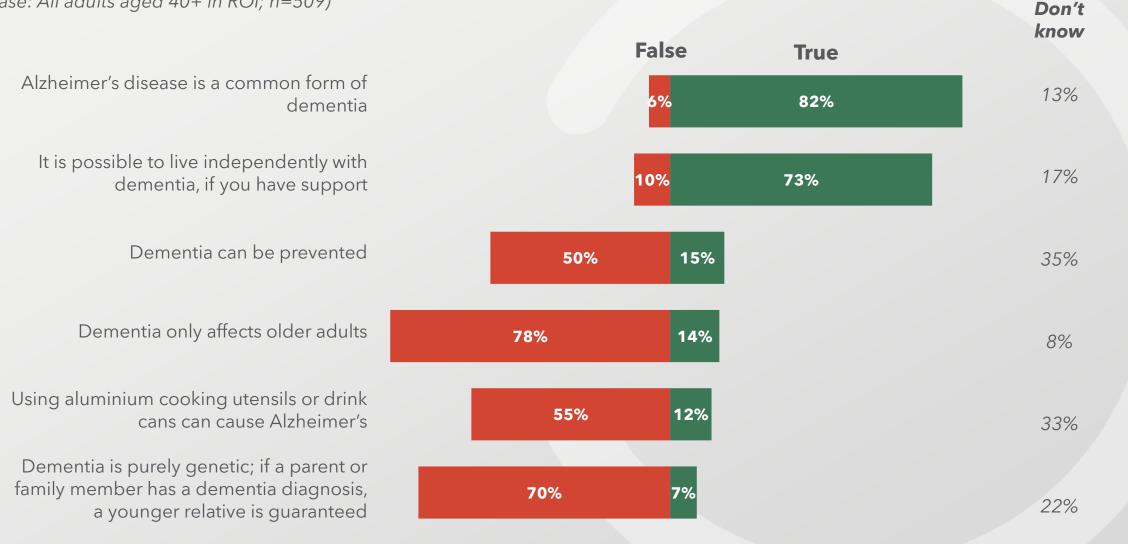
Q4 - Are you aware of any steps you can take to prevent early onset of dementia?

1 in 3 (35%) adults aged 40+ don't know if dementia can be prevented with a similar proportion (33%) unsure if using aluminium utensils or drink cans can cause Alzheimer's

> Photo by Anete Luisana

Steps to prevent early onset dementia

(Base: All adults aged 40+ in ROI; n=509)



Q5. Below are a number of statements others have said about dementia, can you please state whether you believe each of these to be true or false?

Age, specifically being over 70 is seen as the most likely factor for developing dementia (81%)

However, <u>3 in 10</u> adults aged 40+ don't know if obesity and/or Type 2 diabetes or smoking have an impact on your likelihood of getting dementia

Impact of factors in developing dementia

(Base: All adults aged 40+ in ROI; n=509)

	Makes no difference	Somewhat more likely	Much more likely	Don't know	NET MORE LIKELY
Age; being older than 70	10%	45%	36%	9%	81%
Moderate to severe head injury (a punch, fall or crash impact)	11%	37%	29%	24%	66%
Not getting regular exercise	15%	46%	20%	19%	65%
Cardiovascular problems, like a stroke or heart attack	14%	36%	28%	22%	64%
Smoking	14%	31%	26%	29%	57%
Obesity and/ or Type 2 Diabetes	18%	31%	21%	30%	52%
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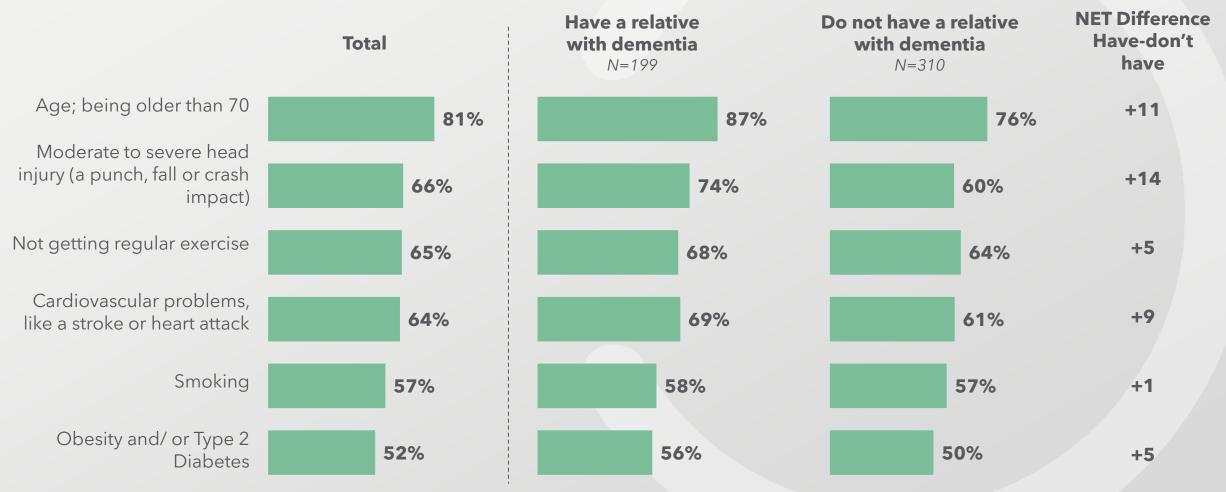
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Q6. What impact do you think each of the following has on someone's likelihood of developing Alzheimer's disease or vascular dementia?

Impact of factors in developing dementia

(Base: All adults aged 40+ in ROI; n=509)

% NET More Likely



Adults with a relative with dementia have a better understanding of factors that influence someone's likelihood of developing dementia, most notably for age, head injuries and cardiovascular problem?

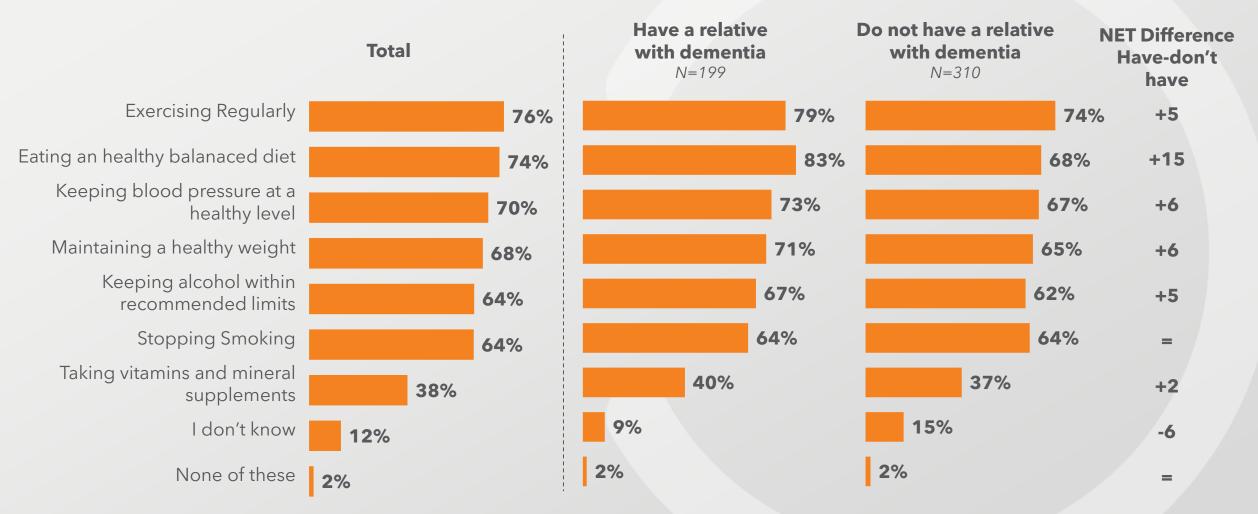
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Q6. What impact do you think each of the following has on someone's likelihood of developing Alzheimer's disease or vascular dementia?

Recommendations from doctors

(Base: All adults aged 40+ in ROI; n=509)



Exercise and a healthy diet are seen as the two top recommendations from doctors

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Q7-Which of the following, if any, is recommended by doctors to help reduce a person's risk of dementia?

Under <u>2 in 10 (16%)</u> adults aged 40+ are aware that kidney disease is associated with developing dementia making it the least known health factor associated with dementia

Associations with developing dementia

(Base: All adults aged 40+ in ROI; n=509)

Do not have a Have a relative relative with dementia with dementia N=199 No Yes N=310 Loneliness or social isolation 39% 61% 71% 54% Immobility/ sitting a lot 51% 61% 44% 49% Untreated depression 54% 45% 52% 48% Hearing loss 33% 19% 75% 25% Kidney disease 21% 13% 16% 84%

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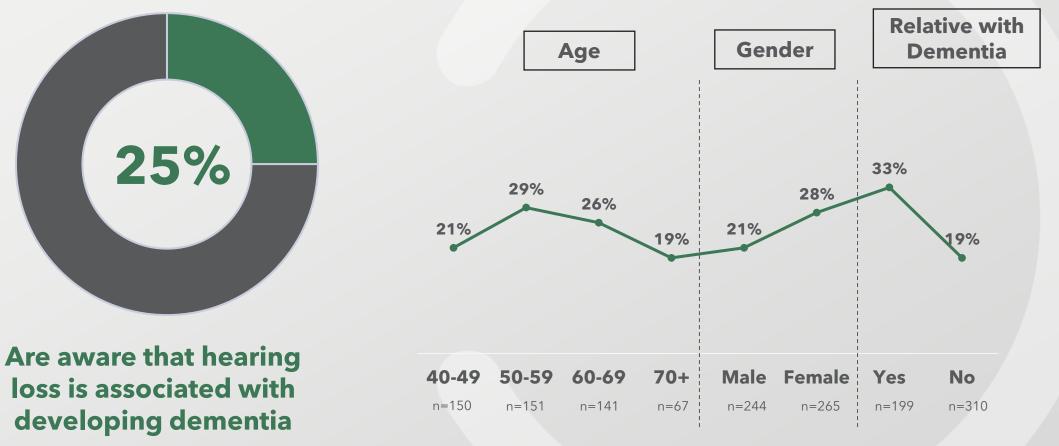
Q8. Are you aware of any of these health and environmental factors being associated with developing dementia?

% Yes

Just <u>1 in 4</u> adults are aware that hearing loss is associated with developing dementia, dropping to <u>2 in 10</u> amongst those aged 40-49 and those who do not have a relative with the disease

Aware of hearing loss's association with developing dementia

(Base: All adults aged 40+ in ROI; n=509)



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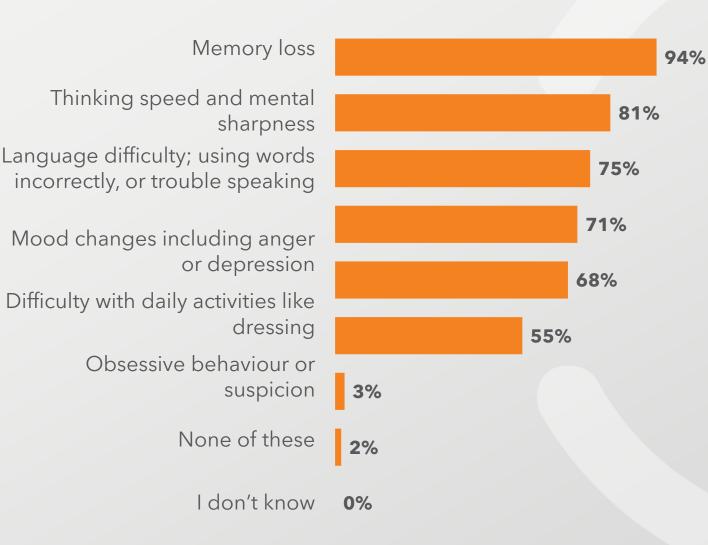
Highest awareness of hearing losses link to dementia amongst those with a relative with dementia

Q8. Are you aware of any of these health and environmental factors being associated with developing dementia?

Over 9 in 10 (94%) adults aged 40+ are aware that memory loss in a symptom of dementia while just over half (55%) are aware of obsessive behaviour or suspicion as a symptom

Assumed symptoms of dementia

(Base: All adults aged 40+ in ROI; n=509)

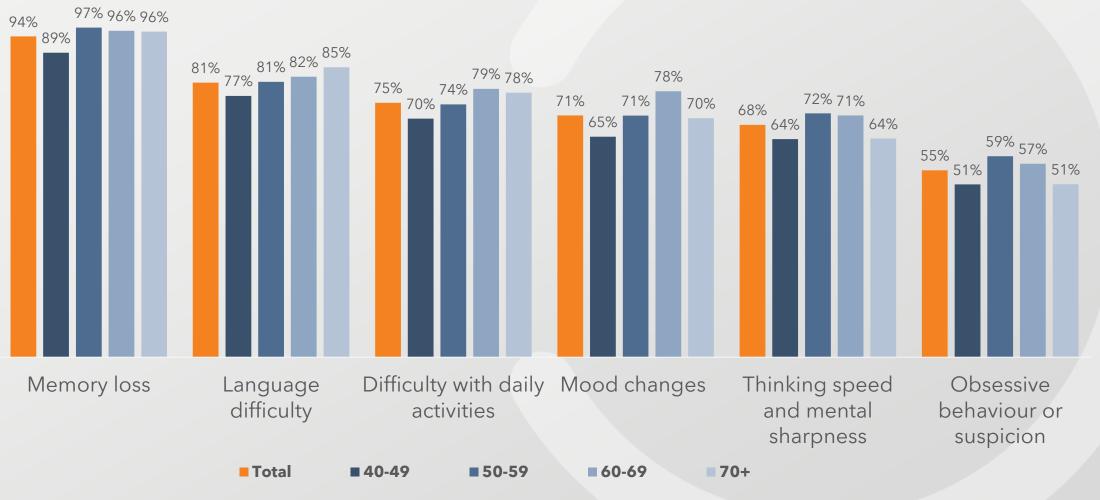


Q9-Which of the following are considered symptoms of dementia?



Assumed symptoms of dementia x age

(Base: All adults aged 40+ in ROI; n=509)



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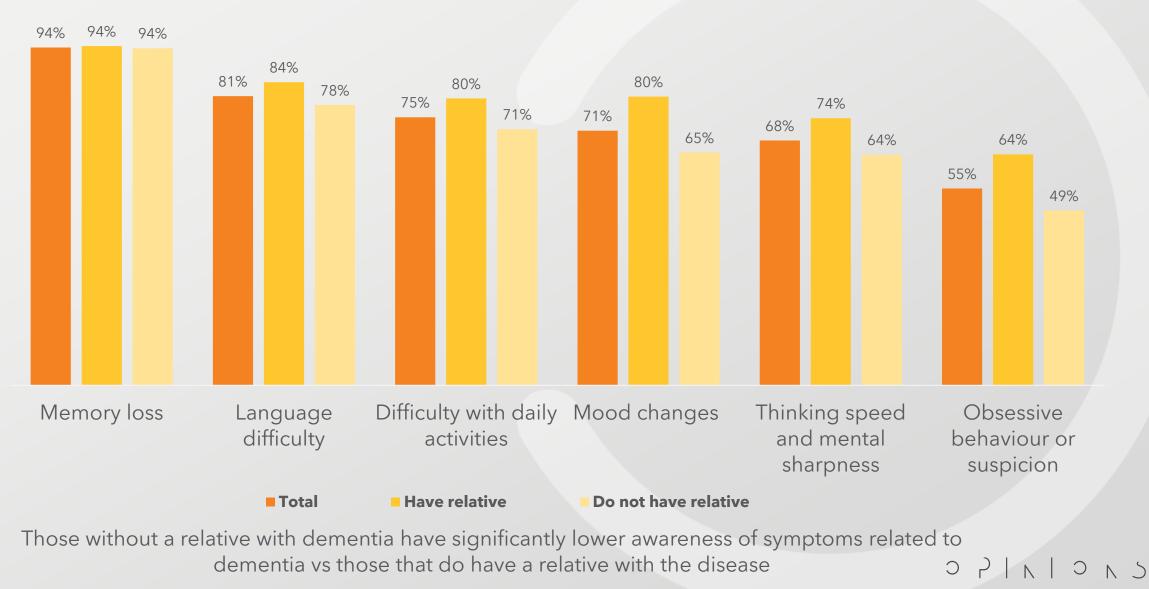
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Adults aged 40-49 have the lowest awareness of symptoms related to dementia

Q9-Which of the following are considered symptoms of dementia?

Assumed symptoms of dementia x relative with/without dementia

(Base: All adults aged 40+ in ROI; n=509)



Q9-Which of the following are considered symptoms of dementia?

THANK YOU!

