## Bannerton/Hidden Hearing Dementia in Ireland

23<sup>rd</sup> June 2023

**BY** Opinions

CONTACT

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#### What we did

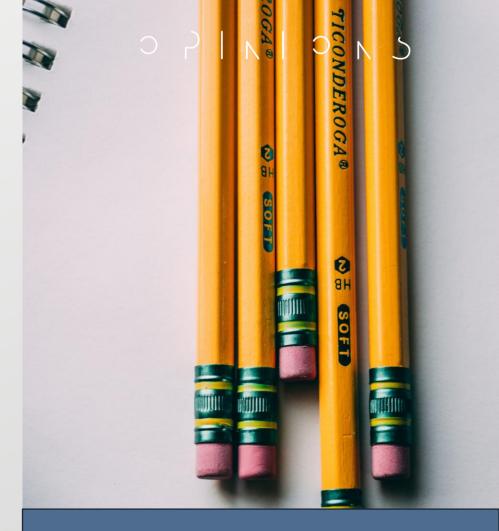
 ✓ Online standalone survey amongst adults aged 40+ in ROI

✓10-minute survey

✓N=500 adults aged 40+

 Minimum quotas were placed on age to ensure we got a spread across age brackets

✓ Fieldwork: 12<sup>th</sup>-16<sup>th</sup> 2023



Any publication of results from this report should clearly reference Opinions Market Research as its source and reference n=509 sample of adults aged 40+ in ROI. The error margin for this data is estimated at +/- 4.43%

#### Who we spoke to

(Base: All adults aged 40+ in ROI; n=509)



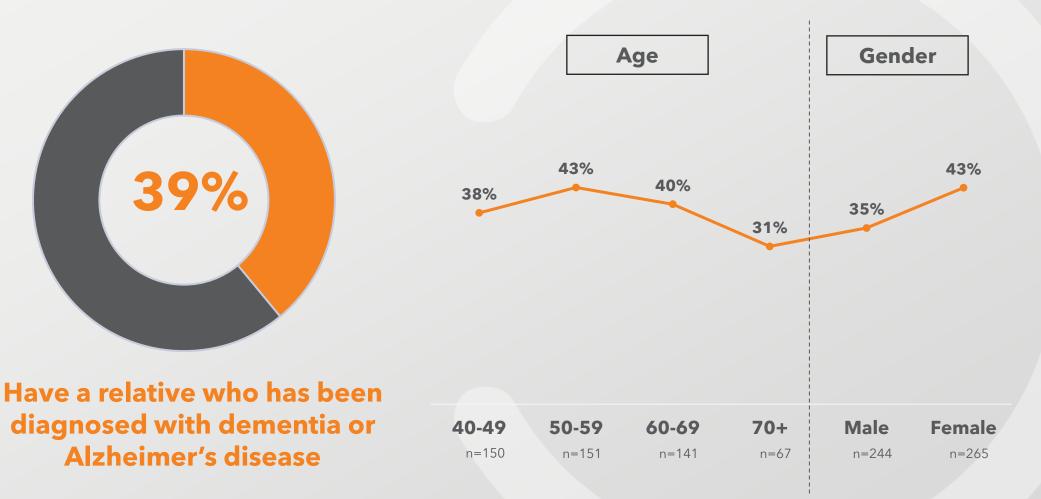
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# <u>4 in 10</u> adults aged 40+ have a relative who has been diagnosed with Dementia or Alzheimer's disease With <u>4 in 10 of these adults caring</u> for that relative. (14% total sample)

Photo by Andrea Piacquadio on Pexels

#### **Relative diagnosed with dementia**

(Base: All adults aged 40+ in ROI; n=509)

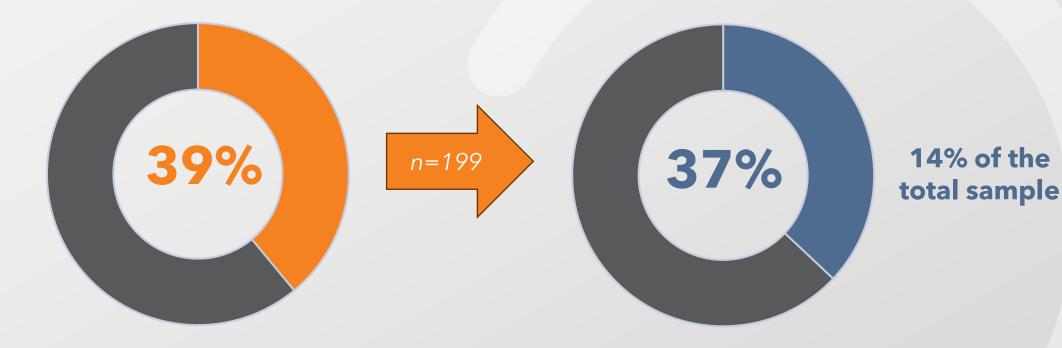


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Q1A - Do you have a relative who has been diagnosed with dementia or Alzheimer's disease?

#### **Caring for a relative with dementia**

(Base: All adults aged 40+ in ROI that have a relative with dementia; n=199)



#### Have a relative who has been diagnosed with dementia or Alzheimer's disease

Have cared/care for this relative who has been diagnosed with dementia

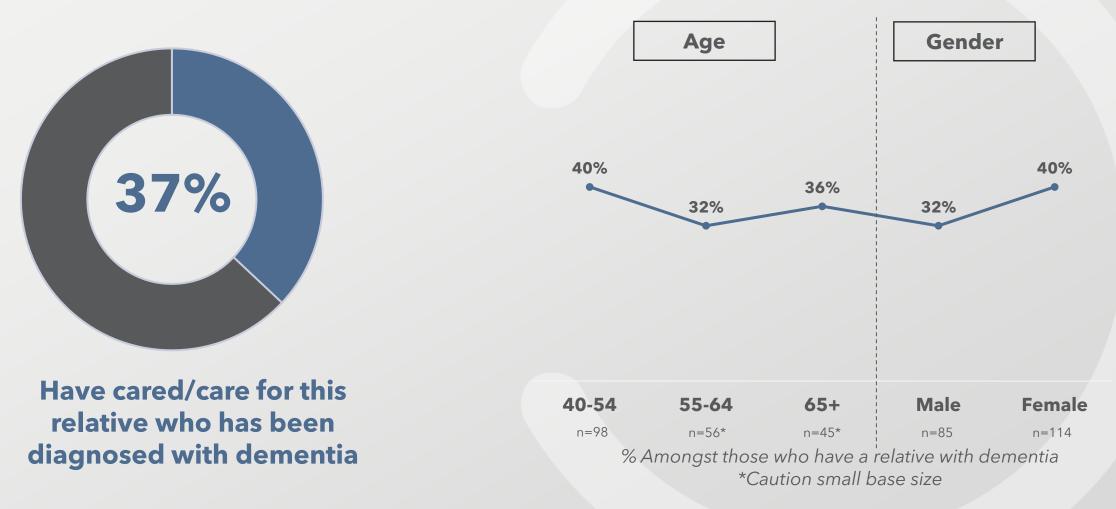
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Over 1 in 10 (14%) of adults aged 40+ have cared or are currently caring for someone with dementia

Q1B - Did/do you care for this relative who has been diagnosed with dementia or Alzheimer's disease?

#### **Caring for a relative with dementia**

(Base: All adults aged 40+ in ROI that have a relative with dementia; n=199)



Female are significantly more likely to be caring for a relative with dementia versus males

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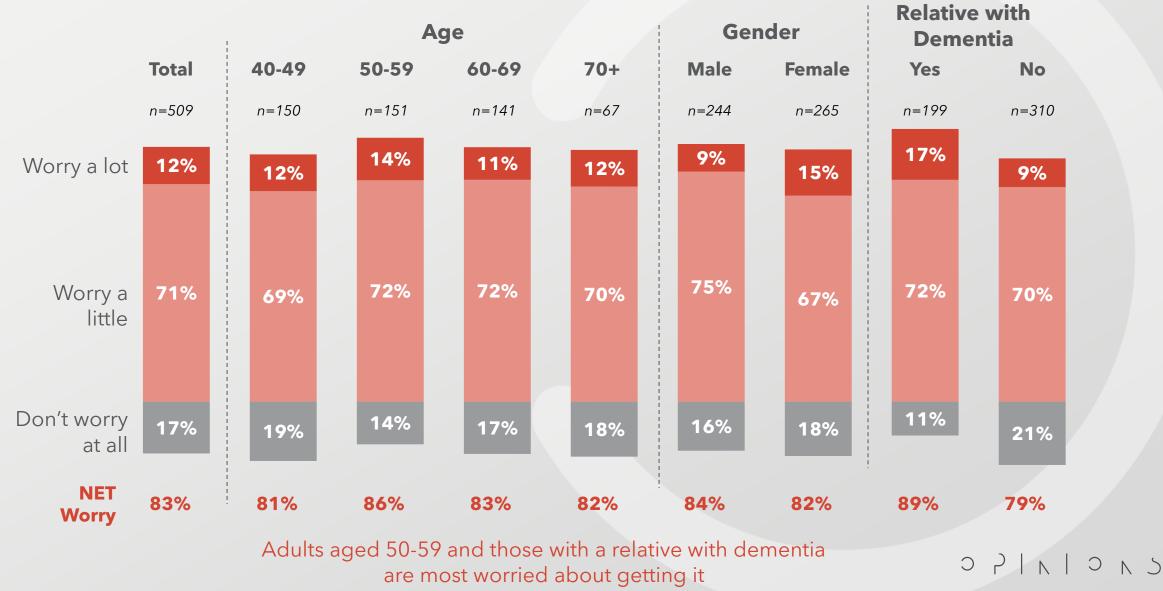
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Q1B - Did/do you care for this relative who has been diagnosed with dementia or Alzheimer's disease?

<u>8 in 10 (83%)</u> adults aged 40+ worry about getting dementia, increasing to 9 in 10 (89%) amongst those that have a relative with the disease.

#### **Concerns about getting dementia**

(Base: All adults aged 40+ in ROI; n=509)



Q2 - Do you worry about getting dementia?

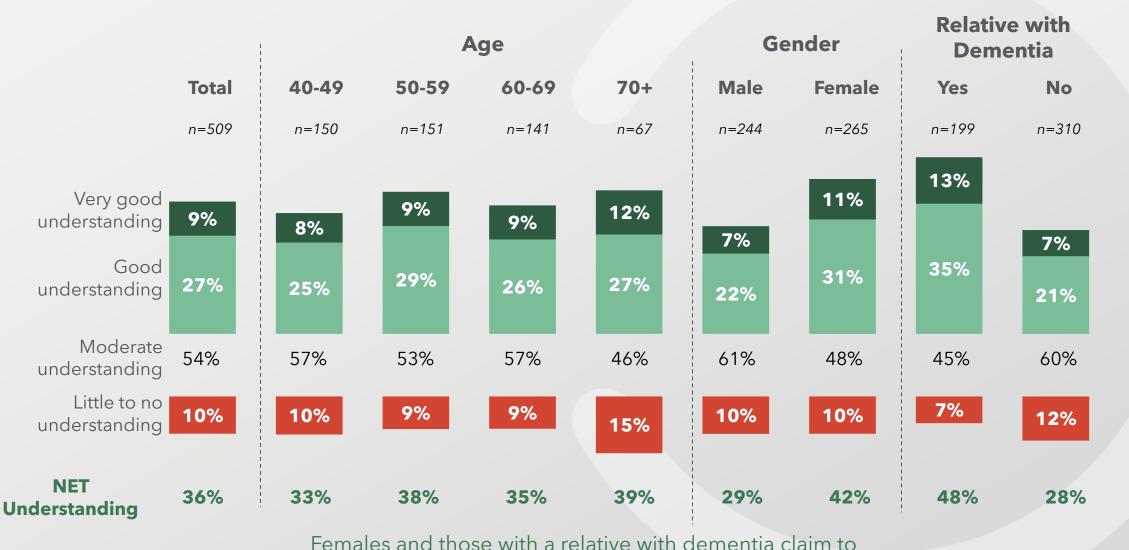
Under 4 in 10 (36%) of those aged 40+ claim to have a good to very good understanding of what Dementia is

<u>While half (48%)</u> of those that have a relative with the disease claim to have a good to very good understanding of what dementia is

Photo by Geralt on Pixabay

## **Understanding of dementia**

(Base: All adults aged 40+ in ROI; n=509)



have a better understanding of dementia than others

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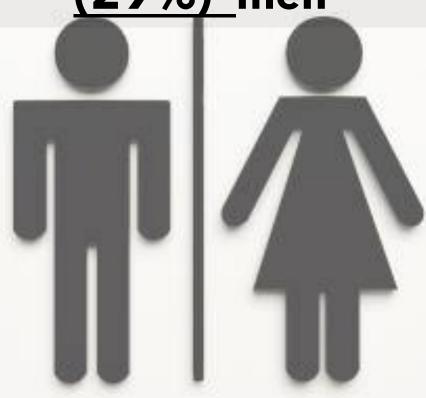
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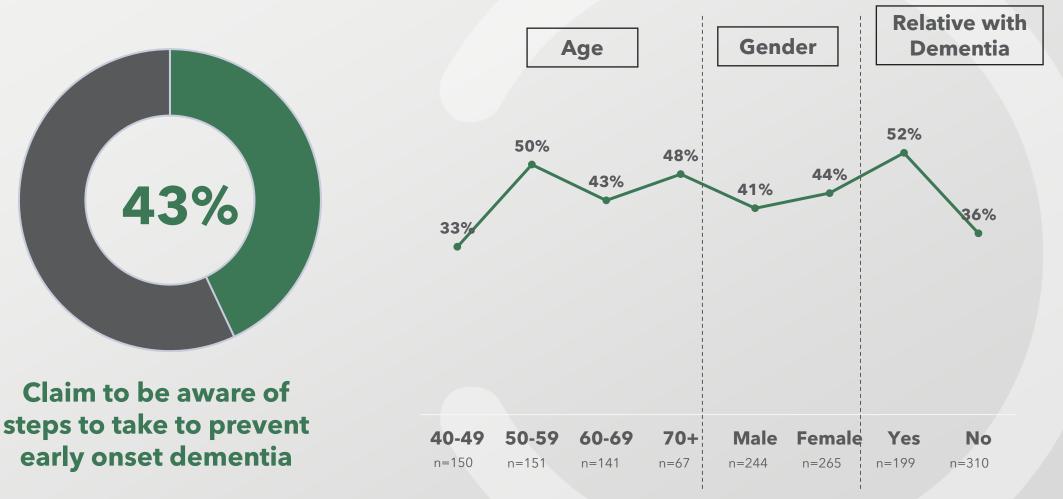
Q3 - To what extent would you say you understand what dementia is?

#### <u>4 in 10 (42%)</u> females claim to have a good to very good understanding of dementia versus just <u>3 in 10</u> (29%) men



#### Steps to prevent early onset dementia

(Base: All adults aged 40+ in ROI; n=509)



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Adults aged 50-59 and those with a relative with dementia who are most worried about getting dementia are also the most likely to claim to be aware of steps to prevent it O

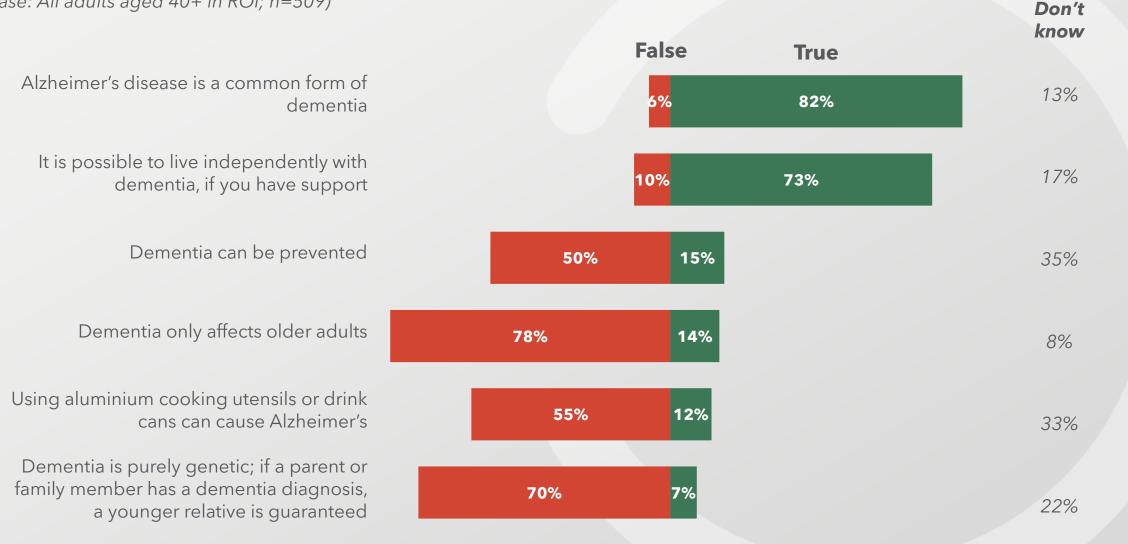
Q4 - Are you aware of any steps you can take to prevent early onset of dementia?

**1 in 3 (35%)** adults aged 40+ don't know if dementia can be prevented with a similar proportion (33%) unsure if using aluminium utensils or drink cans can cause Alzheimer's

> Photo by Anete Luisana

#### **Steps to prevent early onset dementia**

(Base: All adults aged 40+ in ROI; n=509)



Q5. Below are a number of statements others have said about dementia, can you please state whether you believe each of these to be true or false?

# Age, specifically being over 70 is seen as the most likely factor for developing dementia (81%)

#### However, <u>3 in 10</u> adults aged 40+ don't know if obesity and/or Type 2 diabetes or smoking have an impact on your likelihood of getting dementia

## Impact of factors in developing dementia

(Base: All adults aged 40+ in ROI; n=509)

	Makes no difference	Somewhat more likely	Much more likely	Don't know	NET MORE LIKELY
Age; being older than 70	10%	45%	36%	9%	81%
Moderate to severe head injury (a punch, fall or crash impact)	11%	37%	29%	24%	66%
Not getting regular exercise	15%	46%	20%	19%	65%
Cardiovascular problems, like a stroke or heart attack	14%	36%	28%	22%	64%
Smoking	14%	31%	26%	29%	57%
Obesity and/ or Type 2 Diabetes	18%	31%	21%	30%	52%
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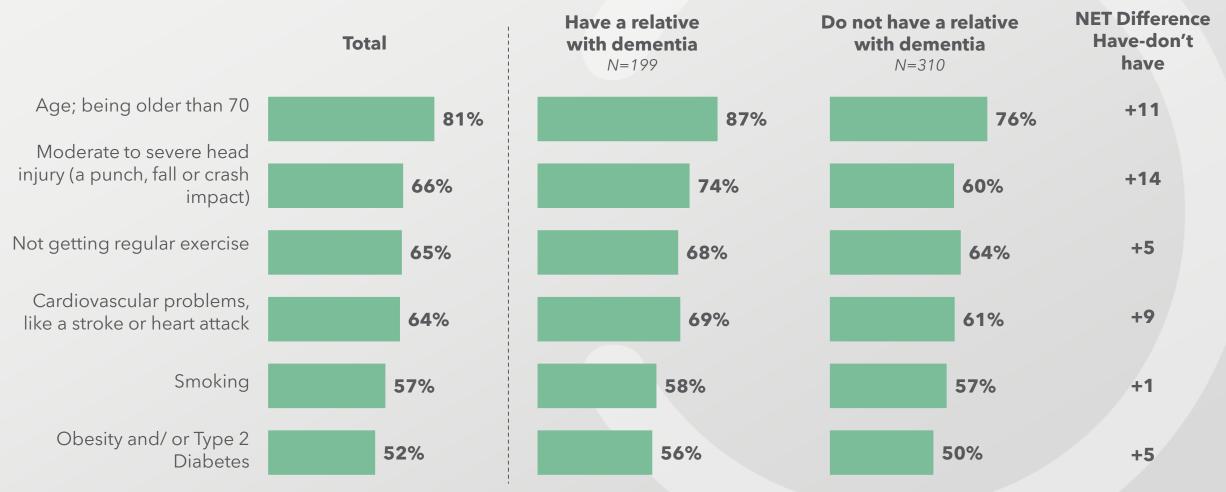
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**Q6.** What impact do you think each of the following has on someone's likelihood of developing Alzheimer's disease or vascular dementia?

## Impact of factors in developing dementia

(Base: All adults aged 40+ in ROI; n=509)

#### % NET More Likely



Adults with a relative with dementia have a better understanding of factors that influence someone's likelihood of developing dementia, most notably for age, head injuries and cardiovascular problem?

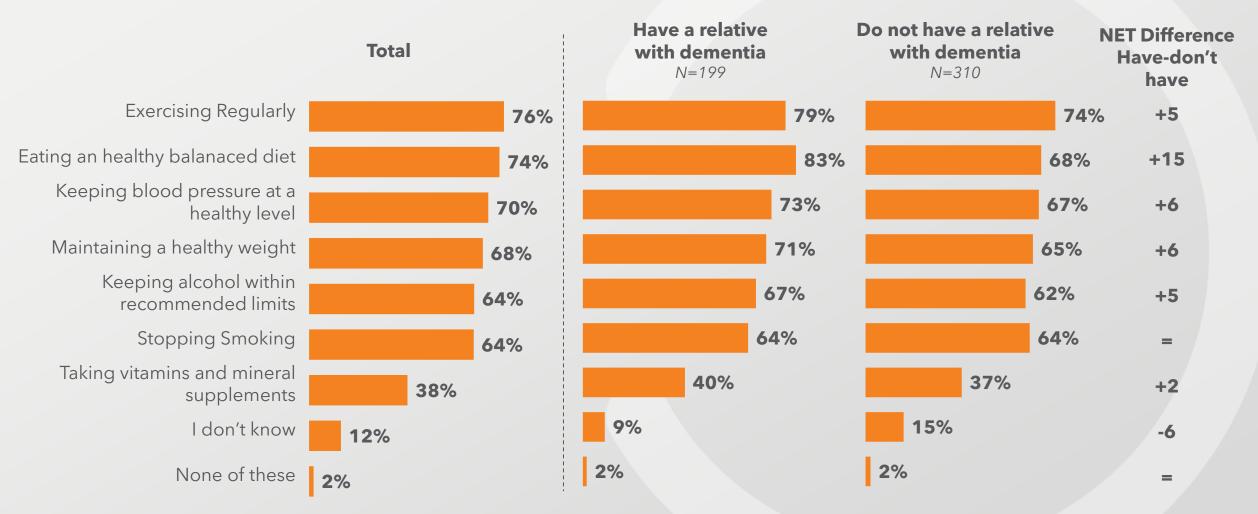
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**Q6.** What impact do you think each of the following has on someone's likelihood of developing Alzheimer's disease or vascular dementia?

#### **Recommendations from doctors**

(Base: All adults aged 40+ in ROI; n=509)



Exercise and a healthy diet are seen as the two top recommendations from doctors

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Q7-Which of the following, if any, is recommended by doctors to help reduce a person's risk of dementia?

#### Under <u>2 in 10 (16%)</u> adults aged 40+ are aware that kidney disease is associated with developing dementia making it the least known health factor associated with dementia

#### **Associations with developing dementia**

(Base: All adults aged 40+ in ROI; n=509)

#### Do not have a Have a relative relative with dementia with dementia N=199 No Yes N=310 Loneliness or social isolation 39% 61% 71% 54% Immobility/ sitting a lot 51% 61% 44% 49% Untreated depression 54% 45% 52% 48% Hearing loss 33% 19% 75% 25% Kidney disease 21% 13% 16% 84%

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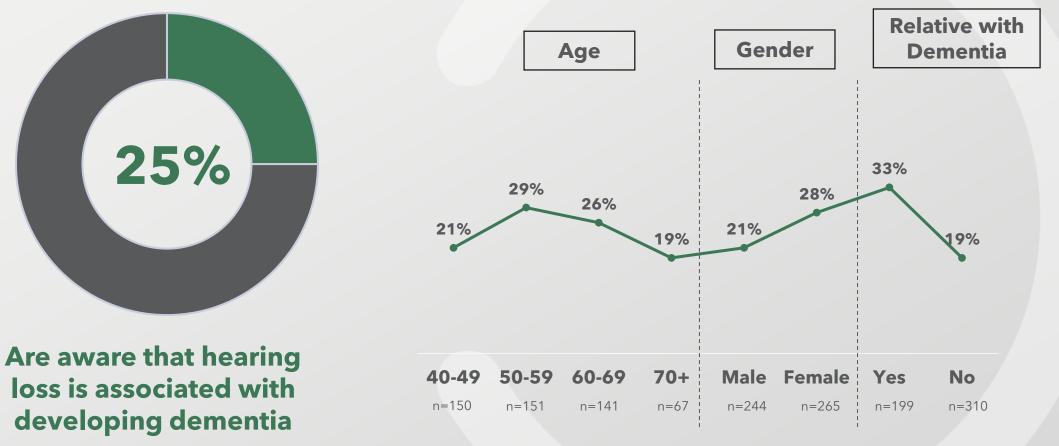
**Q8.** Are you aware of any of these health and environmental factors being associated with developing dementia?

% Yes

Just <u>1 in 4</u> adults are aware that hearing loss is associated with developing dementia, dropping to <u>2 in 10</u> amongst those aged 40-49 and those who do not have a relative with the disease

# Aware of hearing loss's association with developing dementia

(Base: All adults aged 40+ in ROI; n=509)



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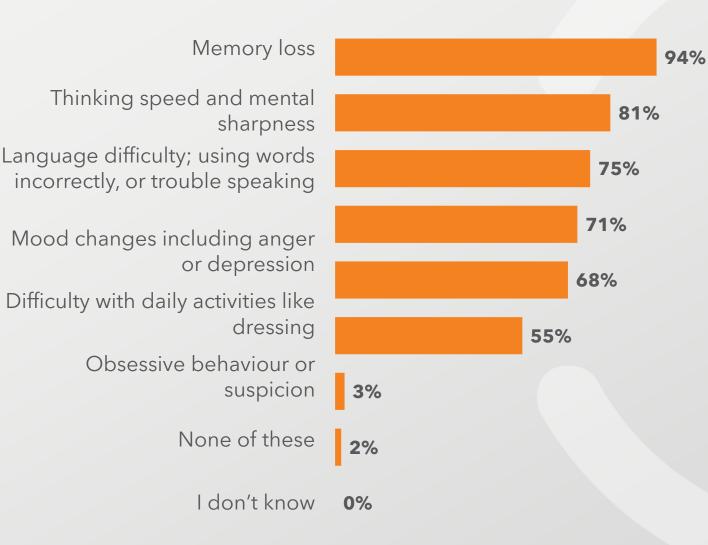
Highest awareness of hearing losses link to dementia amongst those with a relative with dementia

**Q8.** Are you aware of any of these health and environmental factors being associated with developing dementia?

#### Over 9 in 10 (94%) adults aged 40+ are aware that memory loss in a symptom of dementia while just over half (55%) are aware of obsessive behaviour or suspicion as a symptom

#### **Assumed symptoms of dementia**

(Base: All adults aged 40+ in ROI; n=509)

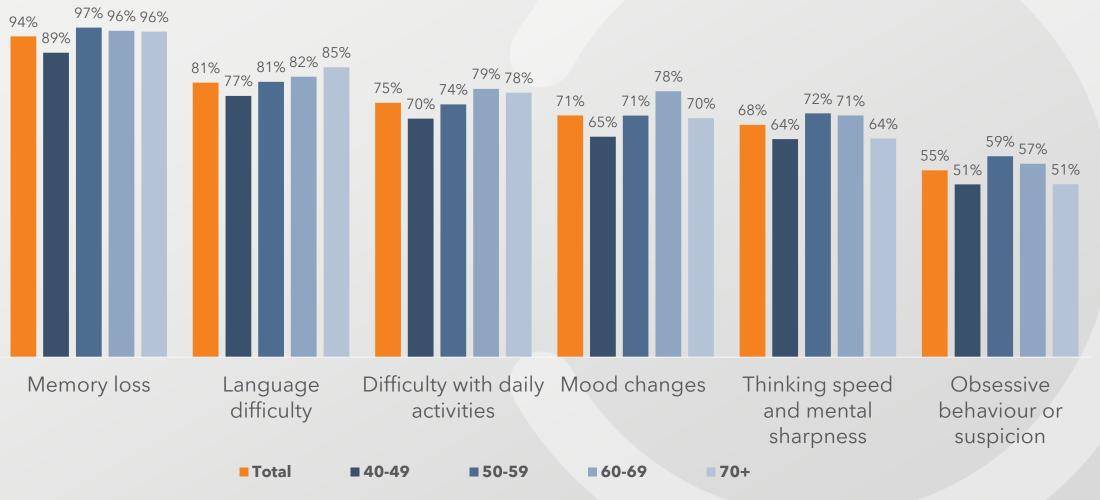


Q9-Which of the following are considered symptoms of dementia?



#### Assumed symptoms of dementia x age

(Base: All adults aged 40+ in ROI; n=509)



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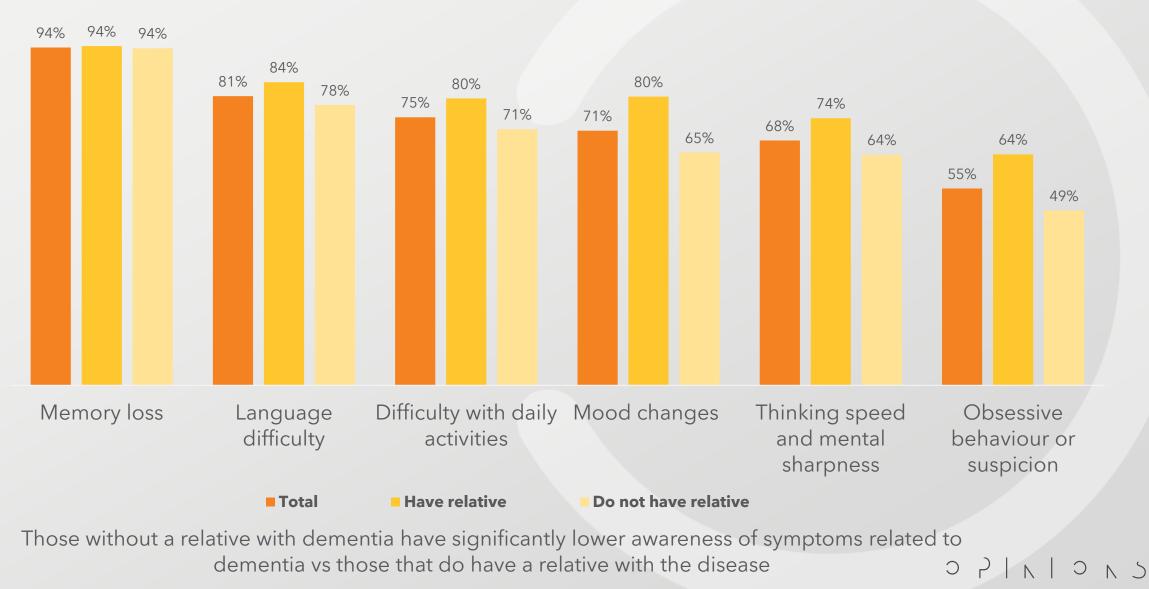
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Adults aged 40-49 have the lowest awareness of symptoms related to dementia

Q9-Which of the following are considered symptoms of dementia?

#### Assumed symptoms of dementia x relative with/without dementia

(Base: All adults aged 40+ in ROI; n=509)



Q9-Which of the following are considered symptoms of dementia?

THANK YOU!

